

From The President

Happy 4th of July!

Exciting news in Grand Central-we are expanding once again! For your wining and dining pleasure, we are pleased to announce three new restaurants/lounges. The **Island Seafood Market**, where you can have your choice of either dining in for some tasty seafood or bringing home the fresh catch of the day. Let your palette travel around the world next door at the **Beer Garden Pub** where you can find 20 different drafts and 50 different varieties of bottled beer, not to mention fine wine and gourmet coffees (food coming soon). Last but certainly not least on our list of new places in Grand Central-check out the **Gemini Lounge**, a wine and beer emporium.

Along with celebrating our 233 years of independence, Grand Central, along with the St. Petersburg Chapter of America Independent Business Alliance are celebrating National Independents Week. This week celebrates the individual business owners that have broken away from corporate America and started up their own business. Grand Central, along with all of the restaurants and shops appreciate your loyalty to the district.

Thank you to everyone who joined us at our 2nd annual Hogs n' Dogs-whether you were eating hot dogs, strutting your doggie down the runway, or entering your doggie in the photo contest. It is always fun to see our favorite furry friends in costume. And the word around town is that the Historic Kenwood's new dog park is the new hot spot!

We would like to extend a warm welcome to our new membership manager, Eric Sturm. You will soon be seeing his face around the neighborhood.

Make a Difference!

Mona Burrows
President

GCDA MEETINGS AND EVENTS CALENDAR

Design, Organization & Promotions

Hospice Center, 3050 1st Ave South
First Tuesday of Every Month-5:00pm
July 7, August 4, September 1

Economic Development

Last Tuesday of Every Month:
Email jimsellsstpete@aol.com
for location (varies each month)
July 28, August 25

Every Sunday -GCDA Peddler's Market

2400-2500 Central Avenue 11am-3pm
To be a vendor, or if you have any questions. Contact the GCDA office, 727-328-7086 or email events@grandcentraldistrict.org

GCDA Volunteer Opportunities

GCDA has many opportunities for volunteers to donate their time & services. Please email our Volunteer Coordinator, Terri Porter or contact the GCDA office, 727-328-7086, GCDA@grandcentraldistrict.org

IMPORTANT NUMBERS

Community Police	551-3183
Codes	893-7080
Mayor's Action Line	893-7111
Sanitation	893-7398
Narcotics and Vice	552-5900



Fact:

You Can Burn Calories Just By Drinking Ice Water

Did you know that drinking 16 ounces of ice water(0 degrees Celsius), requires the body to burn 17.5 Calories to warm the water up to body temperature?

If you drink the recommended daily intake of water, which is 64 ounces (eight 8-ounce glasses), and consume this amount as ice water, your body will burn 70 calories.

TRIVIA

What is Florida's state Bird?

Grand Central District Events Calendar-JULY'S SPECIALS

Now is the time to purchase a new home or refinance your existing home! Rates are at an all time low! Don't miss out-**Call Now!**

Mona Burrows
727-522-0039

www.wahoomortgage.com



Island Seafood Market, 2057 Central Ave
10% off thru the end of July
727-821-8181

Riccastro, 2157 1st Ave South
20% off services
727-479-4228

Cigar Loft, 2448 Central Ave
Top Shelf Cigar Sale
25% off selected cigars
727-388-6992

Hannah's Antiques & Retro, 2458 Central Ave
20% off of everything over \$20
727-954-3483

Mondays

Craftsman House, 2955 Central Ave
OPEN MONDAYS 10-6

Tuesdays

Beaks Old Florida, 2451 Central Ave
Karaoke 8-11pm

Wednesdays

Beaks Old Florida, 2451 Central Ave
Live Music - 7:30-11:00 pm

Thursdays

Fridays

Beaks Old Florida, 2451 Central Ave
Live Music - Bradley Ashby

Saturdays

Sundays

**Grand Central District
Green Market and Street Fair**
2400-2500 Central Avenue
10:00-2:00pm

UPGRADE BOUTIQUE



TAKE YOUR LOOK TO THE NEXT LEVEL

2321 CENTRAL AVENUE

727 - 828 - 0742

TUES-FRI 12:00-7:00 SAT 10:00-5:00

Beer Garden Pub

2061 Central Ave
St. Pete, FL

- 20 different varieties of draft beer **727-822-BEER**
- 50 different varieties of bottled beer
- Fine Wine
- Cappuccino, Macchiato, Espresso

Hours:

Happy Hour Mon-Fri 5pm-7pm Sun-Thurs 4pm-12am
"2 for 1 drink special" Fri & Sat 4pm-2am

Punch Gym is fitness at its most essential & fundamental level.
We believe in training the entire physical being,
you will get stronger, you will have greater endurance,
you will be leaner & more mobile.

Bottom line your body will work & feel better, much better.
Come try a free introduction class and see for yourself.

2309 Central Ave
St. Petersburg, FL
727-458-0638

www.punchgym.com



Safeguard your peace of mind.

ROBIN M. DOTY, MBA, JD

Attorney at Law, PA
2429 Central Avenue, Suite 204
St. Petersburg, FL 33713
(727) 367-3450
rdoty@robindoty.com

WILLS•TRUSTS•ESTATES

Café Dolce

2444 Central Ave
727-327-3990

WEDNESDAY IS PASTA NIGHT

Bottomless PASTA BOWL
All-U-can EAT Pasta
\$10.95 per person
with coupon

BUY 1 REGULAR DINNER ITEM

get 2nd HALF PRICE
with coupon



Not to be combined
with any other offer.
Expires August 1, 2009

TRIVIA ANSWER

The Mockingbird